

# TRITON TIMES

NEWS OF THE MONTH - JUNE 2024

## Understanding Wallpaper adhesive

**SUGAR**

**THE WHITE VILLAIN PART 2**

TRITON RECRUITS TOP TALENT FOR  
INTERNSHIPS AT UNIVERSITY EVENT:

**TRAINING FORUM**

**Achievement**

**Production Team  
Triumphs Over Raw  
Material Delays**

# ✦ R&D Team

## Understanding Wallpaper Adhesive - TRITOBOND WA 70

Wallpaper adhesive is a crucial component in the wallpapering process. It is the substance used to attach wallpaper to walls, ensuring it stays in place for an extended period. There are various types of wallpaper adhesives, each suited to different types of wallpaper and surfaces.

Within our active product lineup, we offer wallpaper adhesives such as Tritobond WA70. TRITOBOND WA 70 is a water-based high quality ready to use adhesives for all types of wall coverings such as non-oven with paperback, flocked, heavy textile, wood chip fleece, and vinyl Etc..., This extra strong formula allows easy slide to match the patterns perfectly guaranteeing long-lasting results.

### Features:

- Easy to apply
- Non-flammable.
- Longer open time
- Mold and mildew resistant
- Bond with most of the construction substrates





# Tritobond WA 70

→ **Recently,** our sales and R&D team visited a site to demonstrate the application of our Tritobond WA70 adhesive. The client had the opportunity to experience our product first-hand. They applied the adhesive to their wall and observed significantly better performance with our product range.

Looking ahead, we anticipate more orders with our Tritobond WA70.







## Production Achievement

### Production Team Triumphs Over Raw Material Delays, Receives Certificates of Achievement:

In an impressive display of resilience and efficiency, our production team has successfully met the targeted output (May 2024) despite facing significant challenges. The team encountered delays in the arrival of raw materials, which posed a substantial risk to our production timelines. However, through adaptive scheduling and optimized resource management, the team minimized downtime and maintained steady progress.

Recognizing the hard work and innovative problem-solving skills of our production staff, the management has issued certificates of achievement to all team members involved. This gesture underscores our appreciation for their exceptional performance and dedication under pressure. Their ability to overcome these hurdles while maintaining high-quality standards reaffirms our commitment to excellence and reliability.

The management extend its gratitude to the entire production team for their unwavering effort. This accomplishment not only highlights their professionalism but also reinforces our position as a resilient and dependable player in the industry.



**Thomas Sunny**

Triton Middle East L.L.C

# "SUGAR - THE WHITE VILLAIN"

" In the hierarchy of self-destructive behaviors, indulging in excess sugar is the easiest trap to fall into, yet the hardest to escape from. "

## Adverse effects of Sugar

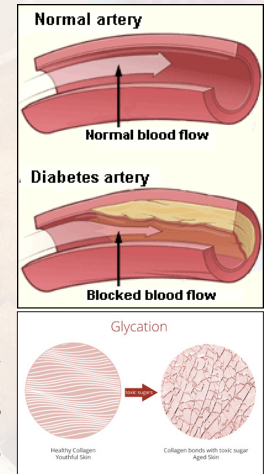
Sugar might seem like a harmless treat, but eating too much of it can lead to serious health problems. The adverse effects of sugar extend beyond just weight gain; it is a major contributor to chronic diseases such as diabetes, heart disease, and liver conditions. Foods that cause quick spikes in blood sugar, like refined carbs and sugary snacks, make these risks even worse by causing rapid rises in blood sugar and insulin levels. This can lead to insulin resistance and other metabolic problems.

*Here are a few reasons why consuming too much sugar is harmful to your health.*

- 1. Weight Gain :** Eating a lot of sugar can make you gain weight in different ways. Sugary foods and drinks have too many calories and can make you eat more by increasing your hunger. They also lead to fat storage and can cause your body to become less responsive to insulin, making it easier to gain weight.
- 2. Risk of Heart Disease:** High-sugar diets are linked to risk factors for heart disease such as high triglycerides, blood sugar, and blood pressure levels. Research involving over 25,877 adults found that higher intake of added sugar was associated with a greater risk of heart disease and coronary complications compared to lower intake.



3. **Risk of Type 2 Diabetes :** Excessive sugar consumption has long been associated with an increased risk of diabetes due to its contribution to weight gain and insulin resistance. Prolonged high-sugar intake can lead to insulin resistance, raising blood sugar levels and significantly heightening the risk of diabetes.
4. **Risk of Cancer :** A systematic review analyzing 37 prospective cohort studies found that in two of five studies on added sugar, a 60% – 95% increased cancer risk was observed with higher sugar intakes. A study in over 22,720 men spanning over 9 years found that increased sugar consumption from sugar-sweetened beverages was associated with a greater risk of prostate cancer. Research on the link between added sugar intake and cancer is ongoing, and more studies are needed to fully understand this complex relationship.
5. **Accelerate the Skin Aging Process :** Wrinkles are a natural sign of aging skin, but eating lots of refined carbs and sugar can produce Advanced Glycation End products (AGEs), which can make your skin age faster than it should. These AGEs harm collagen and elastin, proteins crucial for skin elasticity and youthfulness, leading to sagging and loss of firmness when damaged.
6. **Fatty Liver :** Fructose, a common sugar found in various foods and beverages, is mostly processed by the liver. Consuming too much added sugar, especially fructose, can cause a condition called Non-Alcoholic Fatty Liver Disease (NAFLD), where fat builds up in the liver excessively. A study with over 5,900 adults found that drinking sugary beverages every day increased the risk of developing fatty liver disease by 56% compared to those who didn't consume them.



### Foods that spike blood sugar levels

*Foods high in carbohydrates, like rice, bread, fruits, and sugar, tend to cause a significant increase in blood sugar levels due to their rapid conversion into energy.*

- **Sugary drinks** (soda, sweetened juices, energy drinks)
- **White bread and pastries**
- **White rice**
- **Sugary cereals**
- **Candy and sweets**
- **Potatoes** (especially mashed or fried)
- **Processed snack foods** (chips, crackers)
- **Sweetened dairy products** (flavored yogurts, ice cream)
- **Fruits with high sugar content** (bananas, grapes, Large amount of mangoes)
- **Energy bars and granola bars** (with high sugar content)



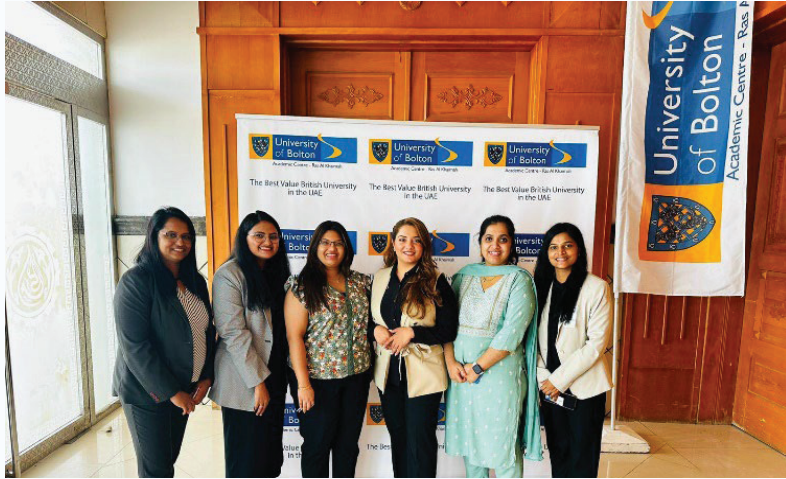


## → Triton Recruits Top Talent for Internships at University Event:

**Triton Middle East LLC** recently participated in a university event to recruit talented students for its internship program at Bolton University, aiming to attract top talent for its expanding operations. The event provided an excellent platform for the company to engage with a diverse pool of candidates, including MBA graduates and engineering students.

During the fair, representatives from our company's HR and recruitment team conducted preliminary interviews and interacted with numerous prospective employees. They were impressed by the caliber of candidates, noting a strong alignment between the students' skills and the company's needs.

The event was a success, with Triton Middle East shortlisting several outstanding MBA and engineering students for its internship program. These candidates exhibited strong technical expertise, innovative thinking, and leadership qualities, making them ideal fits for the company's dynamic work environment. Through this initiative, Triton Middle East LLC continues to demonstrate its commitment to nurturing new talent and providing valuable opportunities for professional growth. The shortlisted interns will soon embark on their journey with Triton Middle East, gaining hands-on experience and contributing to the company's success.

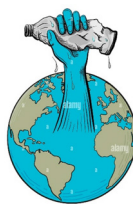




# WORLD ENVIRONMENT DAY

## Why It Matters?

Our environment provides everything we need to live, including clean air, water, and food. However, human activities have been harming the planet, causing problems like global warming, habitat loss, and pollution. World Environment Day is an opportunity to reflect on how we can reduce our impact and work towards a healthier planet.



## THIS YEAR'S THEME: "SOLUTIONS TO PLASTIC POLLUTION"

The theme for this year is "**SOLUTIONS TO PLASTIC POLLUTION.**" Plastic waste is a major environmental issue, with millions of tons ending up in our oceans and landscapes every year. This pollution harms wildlife and ecosystems, making it crucial to find and implement solutions to reduce plastic use and manage waste more effectively.

-  **REDUCE:** Cut down on single-use plastics like straws, bags, and bottles. Opt for reusable alternatives.
-  **REUSE:** Find ways to reuse items instead of throwing them away. For example, use glass jars for storage.
-  **RECYCLE:** to prevent them from ending up in landfills and oceans.

## How We Can Help?



### SUPPORT ECO-FRIENDLY PRODUCTS

Choose products made from sustainable materials. Look for items that are biodegradable or made from recycled materials.

### PARTICIPATE IN CLEAN-UP ACTIVITIES

Join or organize local clean-up events to help remove plastic waste from beaches, parks, and neighborhoods.

### EDUCATE AND ADVOCATE

Spread the word about the importance of reducing plastic pollution. Educate friends and family, and support policies and initiatives aimed at protecting the environment.

### CONCLUSION

World Environment Day is a crucial reminder that protecting our environment is a shared responsibility. By making small changes in our daily lives and advocating for larger systemic changes, we can make a big difference.



# WORLD ENVIRONMENT DAY

5TH JUNE



Article by:  
**Hilda P. Alarcon**  
Triton Middle East LLC

# 51th Environment Day

## Protecting Our Planet Starts with Us

World Environment Day, celebrated on June 5th each year, is a global reminder of the importance of protecting our planet. This day encourages everyone to take action to help the environment and raise awareness about the challenges we face, such as pollution, deforestation, and climate change.



# Company Expands Service to New Territories



→ **We are excited** to announce that our company is now extending its services to additional territories which includes **INDONESIA, MALAYSIA** and **TAIWAN**. This expansion is a testament to our commitment to growth and providing high-quality services to a broader audience.

**Our team has worked** diligently to ensure that we are well prepared to meet the needs of customers in these new regions. We have invested in the necessary infrastructure, technology, and training to maintain our standards of excellence.

This expansion will not only bring our services closer to more people but also create new opportunities for local communities and businesses. We are eager to build strong relationships and contribute positively to these new areas. Thank you for your continued support as we embark on this exciting new chapter. We look forward to serving our new customers and achieving new milestones together.







# Training Forum

## Soft Skills Training Program:

### Building Self-Confidence:

In June, our soft skills training program focused on the essential theme of "Self-Confidence." This comprehensive training session aimed to equip employees with the skills and mindset needed to enhance their self-belief and performance in the workplace.

The training covered a variety of crucial topics, including self-awareness, improving communication skills, and fostering a positive self-image. Employees were encouraged to step out of their comfort zones and participate in activities such as delivering personal commercials, which helped them address the session with confidence and clarity.

#### Key Takeaways:

- Importance of Self Confidence
- Enhanced Self-Awareness
- Positive Mindset Development
- Empowerment and Resilience

In conclusion, self-confidence is the foundation for success and happiness. By developing a positive self-image through self-appreciation and self-care, employees can achieve their full potential and contribute more effectively to our organization. This training program has provided valuable insights and tools to help our team build lasting self-confidence.



## Promoting Workplace Safety: Safety Data Sheet Awareness Session:

In June, another training program focused on "Safety Data Sheet (SDS) Awareness." This essential session aimed to educate employees on the importance of SDS in maintaining a safe and compliant workplace. The awareness session covered topics, including the purpose of SDS, understanding the information provided in SDS, proper handling and storage of hazardous materials, and emergency procedures.

#### Key Takeaways :

- Understanding of SDS
- Purpose of SDS
- Enhanced understanding of each section in SDS

In conclusion, understanding and utilizing Safety Data Sheets is fundamental to creating a safe work environment. By becoming proficient in SDS awareness, employees can significantly reduce risks and ensure their own safety as well as that of their colleagues. This training session has provided valuable knowledge to help our team maintain a high standard of safety in the workplace.