

TRITON
MIDDLE EAST

TRITON TIMES

NEWS OF THE MONTH - AUGUST 2024

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SKYMAT Building Materials - New Hub

SKYMAT Building Materials Trading LLC - New Warehouse and Shop Facility

We are excited to announce the opening of our brand-new warehouse and shop facility, a significant milestone in our company's journey towards growth and enhanced service delivery. This expansion marks a major step forward in our commitment to meeting the evolving needs of our customers and supporting our long-term business objectives.

A State-of-the-Art Warehouse

The new warehouse, strategically located in the emirate of Sharjah, is equipped with cutting-edge technology designed to optimize our supply chain operations. With increased storage capacity, streamlined inventory management systems, and advanced logistics capabilities, this facility will significantly enhance our ability to efficiently manage stock levels, reduce lead times, and improve order fulfilment accuracy.

In addition to the warehouse, we are proud to unveil our retail shop facility, designed to provide an exceptional customer experience. This modern, well-equipped space will serve as a hub for our retail operations, offering customers a wider selection of products, expert advice, and personalized service.



Looking Ahead

The opening of this new facility is just the beginning. As we continue to grow and evolve, we remain dedicated to investing in infrastructure and technology that will further improve our operations and customer experience. This expansion underscores our commitment to excellence and our vision of becoming the industry leader in our field.

We would like to extend our gratitude to our customers, partners, and employees who have supported us throughout this journey. We look forward to welcoming you to our new facility and continuing to serve you with the same passion and dedication that has been the hallmark of our success.



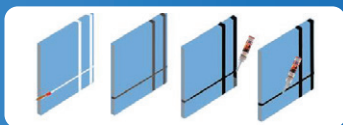
Understanding EN 1366 Fire resistance test for service installations- **Part 4: Linear joint seals**

EN 1366-4 is a key standard in evaluating the fire resistance of linear joint seals, crucial for preventing fire and smoke spread through building joints.

EN 1366-4 specifies a method for assessing the fire resistance of linear joint seals based on their intended end use. Linear joint seals are designed to fill the gaps or joints between building elements, such as walls, floors, or ceilings & Facades. By subjecting these seals to fire conditions, the standard evaluates their ability to maintain integrity, insulation and prevent fire and smoke passage during a specified period.

Tritosil W70 FR sealant has been tested in linear joint seal configurations according to EN 1366-4.

Tritosil W70 FR Sealant can achieve up to 4-hour fire resistance rating (Integrity & Insulation) at specified joint & penetration configurations. To achieve any specific fire rating, all substrates being used in the system must have at least an equivalent fire rating.



LINEAR JOINTS



Significance:

EN 1366-4 holds significant importance for building safety and regulatory compliance:

- **Fire Safety Assurance** : By subjecting linear joint seals to rigorous fire resistance testing, EN 1366-4 ensures that these critical components can withstand fire incidents, containment/compartimentation of fire and protecting occupants' lives & resources.
- **Regulatory Compliance** : Adherence to EN 1366-4 may be mandated by building codes and regulations, ensuring that linear joint seals meet stringent safety standards set forth by regulatory authorities.
- **Quality Assurance** : Manufacturers and suppliers of linear joint sealants can use EN 1366-4 testing to demonstrate the reliability and compliance of their products, instilling confidence among consumers and industry stakeholders.

Article
byEditorial
• Desk

“ Essential Qualities of a Good Leader at Work”

In any workplace, the quality of leadership can make or break the success of a team or organization. Good leaders possess a set of core qualities that not only inspire and motivate their teams but also drive productivity and create a positive work environment. Here are the essential qualities that define a good leader at work:

Visionary Thinking :

A good leader has a clear vision and communicates it effectively, inspiring the team to work towards shared goals.

Integrity :

Honesty, ethics, and transparency build trust and set the foundation for strong leadership.



Empathy :

Understanding and considering the emotions and perspectives of team members fosters a supportive and inclusive environment.

Decisiveness :

Good leaders make quick, confident decisions, taking responsibility for outcomes.

Communication Skills :

Clear and effective communication prevents misunderstandings and ensures alignment within the team.

Accountability :

Leaders hold themselves and others accountable, creating a culture of reliability and trust.

Resilience :

The ability to stay composed under pressure and bounce back from setbacks is key to overcoming challenges.

Adaptability :

Embracing change and encouraging innovation helps leaders stay relevant in a fast-paced work environment.

Confidence :

Balanced with humility, confidence inspires trust and respect while remaining open to learning and growth.



Humility :

Humble leaders seek input, share credit, and continuously strive for improvement.

Empowerment :

Delegating responsibility and trusting team members fosters a sense of ownership and motivation.

Inspirational :

Leading by example and communicating a compelling vision drives teams to achieve excellence.

Fairness :

Treating everyone with respect and impartiality builds trust and encourages collaboration.

Commitment to Development :

Investing in team growth and continuous learning helps individuals and the organization thrive.



Screen Time

Article By:



Kareena Bhujel
Triton Middle East L.L.C



Friend or Foe? It's More Complicated Than You Think

Technology has become an inseparable part of our lives. While it offers countless benefits, concerns about its impact on our well-being are also on the rise. We often hear about the dangers of excessive screen time, but is this a simplistic view of a complex issue?

The idea of a "screen addiction" is frequently tossed around, but it's important to understand that this term lacks a clear scientific definition. While many of us spend significant time on our devices, it's essential to distinguish between normal behavior and problematic usage. Focusing solely on-screen duration can be misleading, as it overlooks the quality of our digital interactions.

“ Rather than labeling technology as inherently good or bad, we should focus on how we use it.”



Screens can be valuable tools for learning, communication, and entertainment. However, they can also contribute to negative outcomes if used mindlessly or excessively. Individual differences in technology use highlight the importance of considering factors beyond screen time, such as lifestyle and personal habits.

It's crucial to move away from fear-mongering and towards a more nuanced understanding of the relationship between technology and well-being. By examining how people actually use technology and fostering open



Anju Antony
Triton Middle East L.L.C

World Lung Cancer Day: Raising Awareness and Hope

On August 1st, we observe World Lung Cancer Day, a crucial moment dedicated to raising awareness about lung cancer, the leading cause of cancer-related deaths worldwide. This day reminds us of the profound impact lung cancer has on millions of families and emphasizes the importance of education, early detection, and ongoing research. It is a time to honor the strength of those battling the disease, celebrate the resilience of survivors, and remember those we have lost. By spreading awareness and encouraging regular screenings, we can improve early detection and treatment, ultimately saving lives and fostering a future where lung cancer is no longer a formidable threat.



How can a person be affected by Lung cancer?

→ Smoking

Cigarette Smoking: The leading cause of lung cancer, responsible for approximately 85% of cases. The harmful chemicals in tobacco smoke damage lung cells, leading to cancer.

Secondhand Smoke: Inhaling smoke from others' cigarettes can also increase lung cancer risk.

→ Radon Exposure

Radon Gas: A naturally occurring radioactive gas that can seep into homes and buildings from the ground. Long-term exposure to high radon levels can lead to lung cancer.

→ Occupational Exposure

Asbestos: Commonly used in construction and manufacturing, asbestos fibers can be inhaled, leading to lung damage and cancer.

Other Carcinogens: Exposure to substances like arsenic, diesel exhaust, and certain chemicals in the workplace can also increase lung cancer risk.

→ Air Pollution

Outdoor Pollution: Fine particulate matter and other pollutants from vehicles, factories, and power plants can contribute to lung cancer.

Indoor Pollution: Pollutants from cooking stoves, particularly in poorly ventilated areas, can also increase risk.



→ Genetics

Family History: A genetic predisposition can increase the likelihood of developing lung cancer, especially if close relatives have had the disease.

→ Personal Medical History

Previous Lung Diseases: Conditions like chronic obstructive pulmonary disease (COPD) and tuberculosis can increase lung cancer risk.

Radiation Therapy: Past radiation treatments to the chest for other cancers can also be a risk factor.

To reduce the risk of developing lung cancer, it is important to follow several key precautions:



1. Avoid Smoking

Quit Smoking: If you smoke, seek help to quit. There are various resources such as counselling, nicotine replacement therapies, and medications that can assist you.

2. Avoid Secondhand Smoke

Minimize Exposure: Stay away from environments where people are smoking and encourage smoke-free policies in your community and workplace.

3. Occupational Safety

Protective Measures: If you work with hazardous substances like asbestos or other carcinogens, use proper protective equipment and follow safety guidelines.

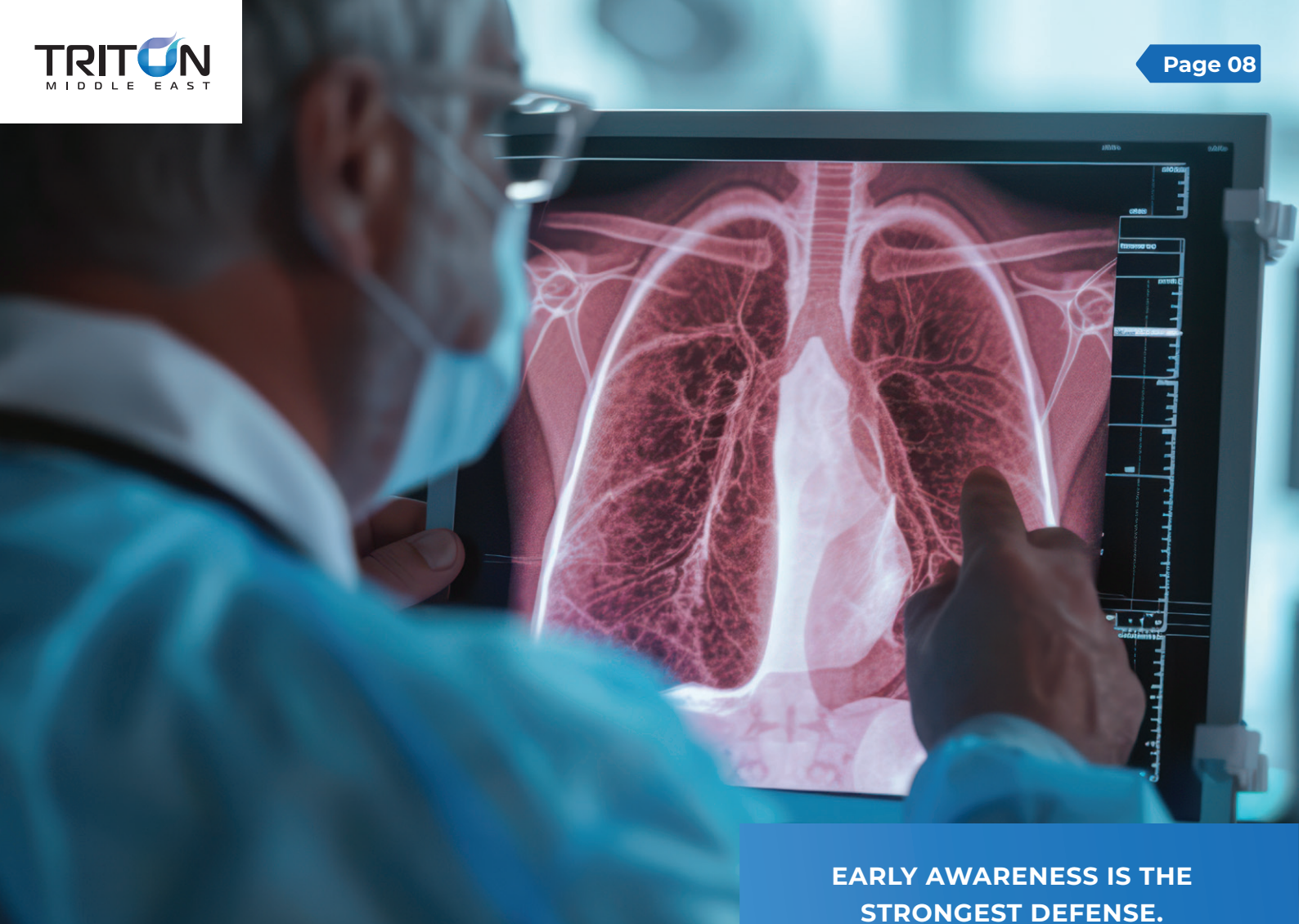
Regulations Compliance: Ensure that your workplace complies with health and safety regulations to limit exposure to harmful substances.

4. Maintain Healthy Air Quality

Reduce Indoor Pollution: Use ventilation systems, avoid using products that emit harmful chemicals indoors, and regularly maintain heating and cooking appliances.

Reduce Outdoor Pollution Exposure: Limit time spent in highly polluted areas, use mask in such occasions.





**EARLY AWARENESS IS THE
STRONGEST DEFENSE.**

5. Healthy Lifestyle Choices

Balanced Diet: Eat a diet rich in fruits and vegetables, which contain antioxidants and other compounds that help protect against cancer.

Regular Exercise: Engage in regular physical activity to maintain overall health and reduce cancer risk.

6. Regular Health Check-ups

Screening: If you are at high risk (e.g., heavy smoker or family history of lung cancer), discuss regular lung cancer screening with your doctor. Early detection can significantly improve outcomes.

Health Monitoring: Keep up with regular medical check-ups to monitor your overall health and catch any potential issues early.

7. Stay Informed

Education: Stay informed about the latest research and recommendations on lung cancer prevention and general health.

Major symptoms of Lung Cancer :

- Fatigue - Constant tiredness or lack of energy, even after rest.
- Persistent Cough - A cough that doesn't go away or worsens over time.
- Unexplained Weight Loss - Sudden, unexplained loss of weight without trying.
- Chest Pain - Pain in the chest, especially during deep breathing, coughing, or laughing.
- Shortness of Breath - Difficulty breathing or feeling out of breath, even with minimal activity.



Article By:
Bavitha Babu



Smart Saving Strategies: How to Save Money Effectively

Set Clear Financial Goals : Define specific, achievable goals like saving for a vacation or an emergency fund. Break these goals into smaller, manageable milestones to stay motivated.

Develop a Budget : Track your income and expenses to understand where your money goes. Create a realistic budget that allocates funds for savings, necessities, and discretionary spending. Tools and apps can help you manage this process.

Automate Your Savings : Set up automatic transfers from your checking account to a savings or investment account. Use savings apps that automatically round up purchases and save the spare change.

Saving money effectively is key to financial security and achieving your goals. Here is a quick guide to help you build and maintain good saving habits.

Cut Unnecessary Expenses : Identify and reduce non-essential spending. Look for ways to save on everyday costs, such as dining out less or canceling unused subscriptions.

Shop Smart : Compare prices before buying and use coupons or cashback offers. Small savings on regular purchases can add up over time.

Save on Utilities : Adopt energy-saving practices to lower utility bills. Simple actions like turning off lights and unplugging electronics can make a big difference.

Plan for Big Expenses : Save for large purchases by setting up a separate savings account. Avoid impulse buys by creating a shopping list and sticking to it.

Invest wisely by exploring different investment options, beginning with small amounts if you're new to investing. **Regularly review** your budget and savings progress, and adjust your plan as needed based on changes in your financial situation. If you're unsure about financial decisions, **seek professional advice** from a financial advisor for personalized guidance. By implementing these strategies, you can build a solid foundation for your financial future and efficiently reach your savings goals. Start today and take control of your financial well-being!



Training Forum

"Empowering Employees Through The 7 Habits of Highly Effective People": A Soft Skills Development Program"

In August, a soft skills program focused on "The 7 Habits of Highly Effective People" is an invaluable opportunity for employees to develop essential personal and professional habits. Based on Stephen Covey's influential book, the program emphasizes principles like proactivity, goal setting, prioritization, and effective communication. By adopting these habits, employees can enhance their productivity, teamwork, and leadership skills. The program encourages a growth mindset, fostering a positive workplace culture where individuals take ownership of their actions, collaborate effectively, and align their work with the organization's mission and goals.

Benefits of Training:

- Enhanced Productivity
- Improved Communication
- Stronger Teamwork
- Leadership Development
- Personal Growth
- Positive Workplace Culture



Conclusion :

In conclusion, a soft skills program based on "The 7 Habits of Highly Effective People" offers transformative benefits for both employees and the organization. By cultivating essential habits like proactivity, effective communication, and teamwork, employees not only enhance their productivity and leadership potential but also contribute to a more positive and collaborative workplace culture. This investment in personal and professional growth ultimately drives organizational success and fosters a more engaged and motivated workforce.

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